



## Oaks & Acorns' News

### The Oaks Educational Visit Jorvik Viking Centre and the Dig



#### Viking Medicine by George Y4

On Monday 8th October, Oaks class went to the Jorvik Viking Centre to learn more about Vikings.

We had to jump on the bus quickly because we had a workshop as soon as we arrived. As we ventured into the city, I saw some ruined walls and other walls that were still standing. We got off the bus and walked to the Dig. We passed a street called Whip-ma-whop-ma -gate.

We finally got to the Dig and we raced up the stairs to our workshop which was Viking Medicine. Vikings thought we were made of three components: yellow bile, black bile and phlegm. First Ted stood up and pretended he had too much phlegm so he had to breathe in some burnt willow bark which made him cough up the phlegm. I had to pretend that I was angry because I had too much yellow -bile so the Viking tickled my throat with a feather so I was sick. Next Oliver had to pretend he was depressed because he had too much black bile so it had to be flushed out of him.

The next thing we learned was that they used leeches to suck out infected blood and maggots to eat away rotten flesh from a wound.

### The Acorns Educational Visit To Preston Park Museum



#### My Trip to Preston Park Museum by Ewan Y1

On Thursday 18<sup>th</sup> October we went to Preston Park Museum. First we got on the bus. When we got there we went to the old street. We went to an old sweetie shop. We ate some sweets. Next we went to the old jail. It is very cold in there. We saw some poo in a bucket but it wasn't real poo. Then we went to the old fish and chip shop. We had lunch in a hut and then we went to the play park. After that we went with a lady to look at old things like kitchen things and toys. I played with a Jacobs Ladder. It was fun. Finally we

#### Preston Park Museum by Elania Y1

First we got on the bus. Then we saw a lady. We listened to what she said. Then we looked around the museum and after that we looked at the old street. We went to the Blacksmiths. After that we saw some metal hoola hoops and we played with them. When we went to the toyshop we got to play with the old toys. Then we went to the old police station. We went to jail and we saw a poo in a bucket! We had lunch then we went to the park and it was fun on the swings. Finally we went back to school on the bus. My favourite



## Our Trip to York by Ted Y5

On Monday 8th October 2018, the Oaks went to Jorvik because our topic, Traiders and Raiders, is all about Vikings and Anglo Saxons.

The bus arrived in York at 10 o'clock and we walked to the Dig. The class had chosen to do a workshop on Viking medicine. It was amazing but slightly gross! Some of the cures in Viking times were quite revolting. I had to pretend that I was angry because I had too much phlegm so the cunning person made me pretend to breathe in smoke from burnt willow bark so that I would cough up the phlegm.

After the workshop, we had lunch and we had a look around the Dig. We saw a skeleton that had been found by archaeologists.

At 2 o'clock, we set off for the Jorvik Viking Centre. We travelled back in time to explore a Viking village. It was very realistic. It had some dodgy smells but the models were moving and talking in different languages so it felt like we were really there.

When the ride came to an end, we had some time left so we had a discussion with a woman, who was dressed like a Viking. She told us about Viking jewellery and how the Vikings thought amber was Goddess Freya's tears. Another woman talked to us about Viking and Anglo Saxon coins. One of the coins had a cross and a hammer so it showed that Vikings and Anglo Saxons traded with each other.

Unfortunately, it was time to go home so we walked to the bus and set off back to school.

I enjoyed the trip very much and would go there again.



## Jorvik Viking Centre Visit by Elodie Y5

On the 8th of October 2018, the Oaks went on a school trip to Jorvik Viking Centre to learn more about our topic.

At the Dig, a Viking called Sinard taught us about Viking medicine. Olivia, George, Oliver, Ted and I acted out different illnesses and the Viking acted as a cunning person and used different plants and animals to cure us. For example, he put leeches on Olivia's arm to suck out the infected blood.

After the workshop, we went downstairs and played with the Viking activities until it was time for lunch.

After lunch, we walked to Jorvik and lined up while another Viking talked to us about the objects they had found under the street where we were standing.

As soon as we went inside, we could smell a disgusting smell. We went into a room with remains of a Viking house under the glass floor. We were put into groups and were sent on a ride around a Viking village. It was really interesting. We saw wax figures of Vikings working and making things. We also saw Toki, who was a character in the story that Ms Pickard had read to us.

When the ride had finished, we talked to some people dressed as Vikings. They told us about how the Vikings used to live and showed us some Viking coins and jewellery.

I think it was one of the best trips we have been on because it really helped us with our topic.

## My Trip to Preston Park Museum by Mason Y2

On Thursday 18<sup>th</sup> October the Acorns class visited Preston Park museum in Stockton on Tees. We went to find out about old toys and other things that were in the home a long time ago.

First we got off the bus and then we went into the museum. A lady took us in the orangery. After that the lady took us to the old street. Then we went in the old jail. We went in the cells. It was smelly and very cold. Next we went to the old sweet shop. The lady gave us some sweets to eat. We also saw an old chemist and an old toy shop. I played with the old toys and it was fun. Then we went into the museum. I saw some old weapons and armour. After lunch we went to the park and I liked playing on the bars. Later we went to a workshop and touched old toys and other old things. I touched a very old iron and it was

