

Before 9am	Wake up	Eat Breakfast, make your bed, get dressed, put PJ's
9.00 - 10.00	Morning Walk	Family walk with the dog, Yoga if its raining
10.00 - 11.00	Academic Time	NO ELECTRONICS. Souduko books, flash cards, study gu
11.00 - 12.00	Creative Time	Legos, magnatiles, drawing, crafting, play music, cook
12.00PM	Lunch	
12.30PM	Chore Time	A - wipe all kitchen table and chairs. door handles, light switches and desk tops. C - W bathrooms - sinks and toilets
1.00 - 2.30	Quiet Time	Reading, puzzles, nap
2.30 - 4.00	Academic Time	ELECTRONICS OK Ipad games, Prodigy, Education
4.00 - 5.00	Afternoon Fresh Air	Bikes, Walk the dog, play outside
5.00 - 6.00	Dinner	
6.00 - 8.00	Free TV Time	Shower time
8.00PM	Bedtime	All children
9.00PM	Bedtime	All kids who follow the daily schedule and don't

in laundry
g
ide, Journal
or bake, etc
B - wipe all wipe both
al show
fight