

Tuesday 5th May History Oaks

Today, if you have the equipment at home you can (1)make a Spartan Greek helmet

and/or

Look at ancient Greek helmets through time and pause the video to (2) draw a helmet or helmets that interest you.

It is fascinating to see the different styles and to learn more about this piece of armour over time.

Choice (1):

Recommended to have a parent on standby to assist here.

Warning

*You must NOT use a craft knife as the adult in the video does- you must use scissors.

*And your own paint at home will easily substitute the spray paint.

Now, search for

cardboard spartan helmet DIY tutorial and work methodically, pausing where you need to. Please send photos of your finished helmets! I would love to see them.

If you prefer choice (2) instead or in addition to (1)

Search for

Ancient Greek helmets explained in 5 minutes by Epimetheus

And pause to copy carefully the helmet/helmets that are your favourites through time.