Good morning Year 4s. Today we are starting a new maths topic. We are learning to convert units of measure. Do the Pre-learning task and then try the Practise activities on the next page. If you are managing them well you can move on to the Mastery tasks.


## Facts you need to learn and remember:

Length: How many millimetres in a centimetre (10)/how many centimetres in a metre (100)/how many metres in a kilometre (1000) Mass: How many grams in a kilogram (1000) Capacity: How many millilitres in a litre (1000) Time: How many seconds in a minute (60)/ How many minutes in an hour (60)/ How many hours in a day (24)/ How many months in a year (12)/ How many days in a year (365 or 366 in a leap year)/ Days in a month - remember

## Pencil and Paper Activities Examples:

Fill in the missing numbers:

| Kg | grams | Km | metres | Litres | ml |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 3.2 |  |  | 1750 | 9 |  |
|  | 2000 | 4.1 |  |  | 3200 |
| 4.4 |  |  | 3200 | 5.1 |  |
|  | 2100 | 6.5 |  |  | 6500 |
| 6.1 |  | 5.8 |  | 7.7 |  |

How many mm are there in 5 cm ?
How many mm are there in 8.5 cm ?
How many cm are there in 8.2 metres?


How many minutes have passed between these two times?

How many seconds are there in 3 minutes and 15 seconds?

It takes 3 minutes to walk to the bus stop and the bus journey lasts 5 minutes and 30 seconds.
How many seconds has passed since I started to walk to the bus stop?
the rhyme

## 30 days hath September, April, June and November.

## All the rest have 31, except February

## which has 28 days clear

 and 29 each leap year.
## Remember to use a number line to help you to calculate time intervals

$30 \mathrm{mins}+60 \mathrm{mins}+15 \mathrm{mins}=$



If a train leaves Northallerton Station at 11.30am and arrives at Liverpool Lime Street Station at 1.45 pm, how many minutes long is the journey?

## If pupils have mastered this objective they will be able to complete these activities independently:

## Training Routine

Hannah is a 800 metres runner. During a typical week she will have run 5 races of 800 metres and she will have trained by running 5 Km per day for 3 days and 10 Km per day for 2 days.
How many Km will Hannah have run in the week?

## Climbing Stairs

When Jamila has climbed 8 stairs he is 2 metres off the ground.
Each step measures the same.
How high is each step?
How many steps will he need to climb before he is 5 metres off the ground?

## Toy Box

Joseph puts all his wooden bricks into his toy box.
Each brick weighs the same.
The toy box weighs 2.5 Kg when it is empty. After he has placed 10 bricks in the toy box, the box weighs 7.5 Kg .
How much does each brick weigh?

## Hannah's Training Runs

Below is a table to show how fast Hannah has run 800 metres during her training.

| Day | Time |
| :--- | :--- |
| Sunday | $2 \min 23$ secs |
| Monday | $2 \min 35$ secs |
| Tuesday | $2 \min 55$ secs |
| Wednesday | 3 min 01 secs |
| Thursday | 2 min 34 secs |
| Friday | $2 \min 21$ secs |
| Saturday | 2 min 11 secs |

Which day did she run the fastest?
How many seconds did she take to run the 800 metres on Friday?
What is the difference, in seconds, between her time during her fastest run and her slowest run?
Give a reason as to why Hannah had a very slow run on Wednesday.

