

Spring 2023 MENU

	WEEK 1 w/c 2 nd & 30 th Jan, 20 th Feb, 13 th Mar	WEEK 2 w/c 9 th & 30 th Jan, 27 th Feb, 20 th Mar	WEEK 3 w/c 16 th Jan, 6 th Feb, 6 th & 27 th Mar
MONDAY	V Pasta Parcels in tomato sauce V Sticky Vegetable noodles Cauliflower and Green Beans Garlic Bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Apple Crumble and Custard or Fresh Fruit or Fruit Yoghurt	Pizza V Veg curry Pastry and crusty bread Diced potatoes Peas & sweetcorn <u>Potato Option</u> TBC <u>Dessert</u> Krispie cereal bar or Fresh Fruit or Fruit Yoghurt	V Mac & cheese and garlic bread V Melting veggie slice & 50/50 rice Broccoli & carrots <u>Potato Option</u> TBC <u>Dessert</u> Jam roly poly & custard or Fresh Fruit or Yoghurt
TUESDAY	Crispy Chicken bites V Cheese & onion whirl Baked baby potato's Peas and sweetcorn Herby bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Orange shortbread or Fresh Fruit or Fruit Yoghurt	Pasta Bolognese V Cheesy leek croquette Cauliflower and green beans Garlic bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Chocolate orange sponge & choc sauce or Fresh Fruit or Fruit Yoghurt	Cheese Burger V Veggie Dog Potato wedges Spring coleslaw & cucumber sticks <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Banana brownie or Fresh Fruit or Yoghurt
WEDNESDAY	Chicken & stuffing V Sweat potato & spring veg bake Roast potatoes Medley of seasonal veg 50/50 bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Arctic Roll and fruit or Fresh Fruit or Yoghurt	Sausage & Yorkshire pudding V vegetable sausage & York pudding Mashed potato Medley of seasonal veg Wholemeal bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Cheese & crackers or Fresh Fruit or Yoghurt	Mince & dumplings & baby potatoes V Veggie cottage pie Gravy medley of seasonal veg Wholemeal bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Marbled sponge and custard or Fresh Fruit or Yoghurt
THURSDAY	Chili con carne & naan bread V Cheesy Bean enchilada 50/50 rice Broccoli & carrots <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Cheese & crackers or Fresh Fruit or Fruit Yoghurt	Chicken wrap V sweet potato & spring veg curry 50/50 bread Veg rice, broccoli & carrots <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Apple flapjack or Fresh Fruit or Fruit Yoghurt	Chicken Korma & rice V veg lasagne Cauliflower & green beans Naan Bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Oatie biscuits and cheese or Fresh Fruit or Fruit Yoghurt
FRIDAY	Fishwich V vegetable burger chips & veggie sticks <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Chocolate Berry mousse cake or Fresh Fruit or Fruit Yoghurt	Fish fingers V Chilli wrap Chips Baked beans & peas Crusty bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Lemon drizzle muffin or Fresh Fruit or Fruit Yoghurt	Battered fish V Cheese & tomato Quiche Chips Peas & sweetcorn Crusty bread <u>Potato Option</u> Cheese, tuna or bean <u>Dessert</u> Lemon & sultana iced finger or Fresh Fruit or Yoghurt